



# Palisades Equestrian Center & Athena's Path Girls' Leadership Camp

[MichelleintheMiddle.com/summercamps](http://MichelleintheMiddle.com/summercamps)

What do middle school and horses have in common? They both require patience, perseverance, and calm steady strength! Join us for this unique experience where Athena's Path – and the horses – teach you leadership skills to help you navigate middle school.

Athena's Path is a fun social leadership program for girls in or going into middle school. We'll talk, play games and do fun activities to help learn important lessons to guide you through middle school. You'll learn how to respond to people who criticize too much, how to plug into positive friendships and exit negative ones, what to say in the face of gossip, and lots of other creative ways to solve real middle school problems.

Infused throughout your day will be fun with horses at the barn. You will get to know the horses, learn the proper care and safety for horses, culminating in an hour long ride at the end of the week.

We can't wait to meet you!

July 30-Aug 3

Palisades Equestrian  
Center

19104 Youngblood Rd W  
Charlotte, NC 28278

9:00 – 3:00 pm daily

Rising 5<sup>th</sup> + 6<sup>th</sup> grades

\$380

